

## Hard Pack Frozen Yogurt

Unflavored

# Nutrition Facts

Serving Size

2/3 cup (85 g)

Amount per serving

**Calories**

**130**

% Daily Value\*

<b>Total Fat</b>	3 g		<b>5%</b>
<b>Saturated Fat</b>	2 g		<b>9%</b>
<b>Trans Fats</b>	0 g		
<b>Cholesterol</b>	15 mg		<b>5%</b>
<b>Sodium</b>	55 mg		<b>2%</b>
<b>Total Carbohydrate</b>	22 g		<b>8%</b>
<b>Dietary fiber</b>	0 g		<b>0%</b>
<b>Total Sugars</b>	22 g		
Includes	17 g	Added Sugars	<b>35%</b>
<b>Protein</b>	3 g		
Vitamin D 0mcg	0%	• Calcium 120mg	9%
Iron 0mg	0%	• Potas. 160mg	3%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Cream and Nonfat Milk, Sugar, Corn Syrup, Cellulose Gel, Cellulose Gum, Mono and Diglycerides, Polysorbate 80, Carrageenan and Yogurt Cultures (L. Acidophilus, S. Thermophilus, L. Bulgaricus)