

**Hard Pack Ice Cream**

Unflavored

# Nutrition Facts

**Serving Size** **2/3 Cup (90g)**

Amount per serving

**Calories** **210**

**% Daily Value\***

<b>Total Fat</b>	13 g	<b>16%</b>
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<b>Saturated Fat</b>	8 g	<b>40%</b>
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<b>Trans Fats</b>	0 g	
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<b>Cholesterol</b>	55 mg	<b>18%</b>
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<b>Sodium</b>	105 mg	<b>5%</b>
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<b>Total Carbohydrate</b>	20 g	<b>7%</b>
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<b>Dietary fiber</b>	0 g	<b>0%</b>
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<b>Total Sugars</b>	20 g	
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Includes	15 g	<b>Added Sugars</b>	<b>31%</b>
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<b>Protein</b>	3 g	
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Vitamin D 0mcg	0%	•	Calcium 120mg	9%
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Iron 0mg	0%	•	Potas. 160mg	3%
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\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Cream and Nonfat Milk, Sugar, Corn Syrup, Mono and Diglycerides, Guar Gum and Carrageenan